



# TRI VALLEY ORAL SURGERY *and Dental Implants*

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Your appointment is scheduled on \_\_\_\_\_

*This time is reserved specifically for you. Please try to arrive about 15 minutes prior to your scheduled appointment. If you are late, we may need to reschedule your surgery so that our other patients can be treated at their scheduled times.*

## **PRE-OPERATIVE INSTRUCTIONS FOR PATIENTS HAVING INTRAVENOUS SEDATION OR GENERAL ANESTHESIA FOR SURGERY**

1. **Consume no solid foods or liquids after midnight the night before surgery.** Nothing to eat or drink the day of surgery. If you normally take prescribed medicine in the mornings, please continue to take them with a very **small** sip of water.
2. Please bring the **name and dosage** of any medicine you are currently taking.
3. Have a responsible person accompany you to drive you home. Minors must be accompanied by a parent. We cannot allow patients to leave the office by taxi or other transportation without an escort.
4. Do not drink any alcoholic beverages for 24 hours before your surgery.
5. Please discontinue the use of tobacco for as long as possible prior to your appointment. Smoking may delay healing, will create increased discomfort following surgery, and increase the risk of infection.
6. Wear short-sleeved, comfortable clothing. Please remove any oral or facial rings, posts, or other facial jewelry before your appointment. (Non-dangling earrings are acceptable.)
7. Contact lenses, nail polish, false eyelashes and heavy make-up should not be worn to your appointment.
8. It is a good idea to have a few ice compresses made for when you arrive home.
9. You should have soft, bland food ready at home for the first day.
10. Someone should be available to be with you for 12 to 24 hours after you arrive home.
11. If there is any change in your health in the few days before surgery, such as **fever, chest cold, flu or persistent cough**, please notify this office immediately.

**We must have a signed financial agreement and assignment of benefits prior to surgery.**

**IF YOU ARE UNABLE TO KEEP YOUR APPOINTMENT, PLEASE NOTIFY THE OFFICE AT LEAST 48 HOURS PRIOR TO YOUR SCHEDULED VISIT.**

**IF YOU HAVE ANY QUESTIONS REGARDING YOUR SURGERY, DO NOT HESITATE TO CALL THE OFFICE.**

THANK YOU.

**Anthony J. Rega, D.D.S.,**

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